



KU LEUVEN

PBPK modelling and simulation on lactation related drug exposure

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initiative

The research leading to these results has received support from the EU/EFPIA Innovative Medicines Initiative [2] Joint Undertaking ConcePTION grant no. 821520. The contents reflect the ConcePTION project's view and not that of IMI/EU/EFPIA.



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Outline

- Understanding Physiologically-based pharmacokinetic (PBPK) models
- Workflow for developing lactation and infant PBPK models
- PBPK-based simulations of concentrations in human milk for 10 model drugs
- Conclusions and futures perspectives



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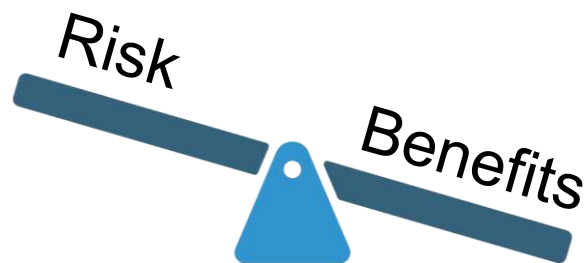
Risk related to medication and breastfeeding



< 5 percent of approved drugs have human lactation data (Wang et al., 2017);

Insufficient information to support the medication safety for pediatrics during lactation

1 in 4 women use medication during breastfeeding



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ConcePTION is a private and public partnership that aims to generate information about the use of **medicines** during **pregnancy** and **breastfeeding**.

imi.europa.eu/projects-results/project-factsheets/conception



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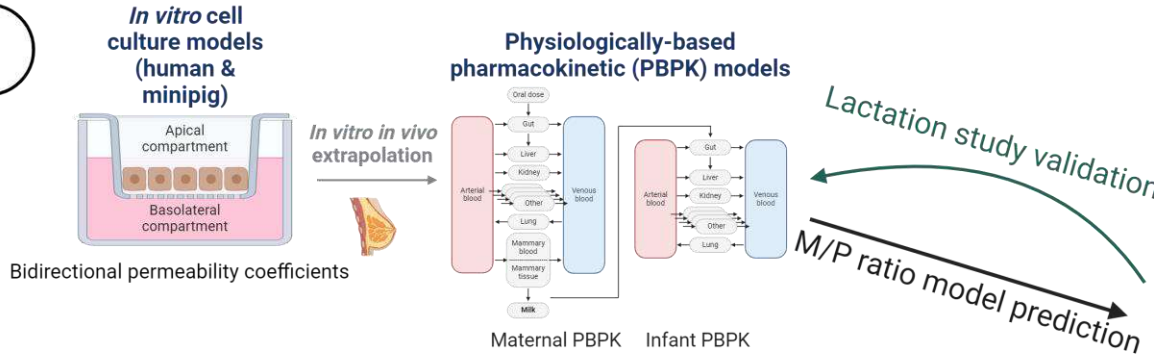


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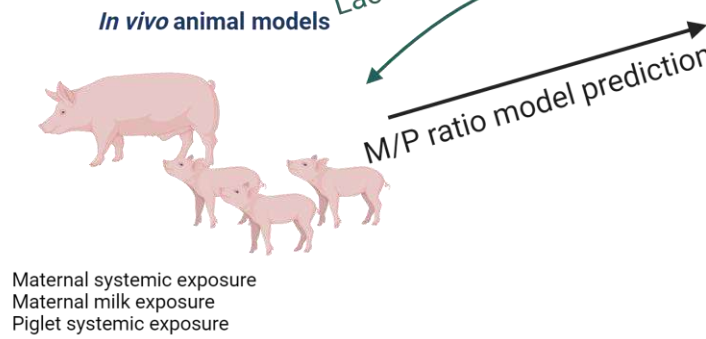


Non-clinical platform for predicting milk and infant exposure to maternal medication

1



2



Clinical lactation study

Milk-to-plasma ratio

Model validation is currently ongoing. Once PBPK model validation is complete, *in vivo* animal studies and clinical lactation studies may no longer be necessary.

- 1 *In vitro/in silico* pathway
- 2 *In vivo* pathway

M/P ratio predictions for either pathway will be compared to available human data (e.g. M/P ratio) to validate the models towards verification.

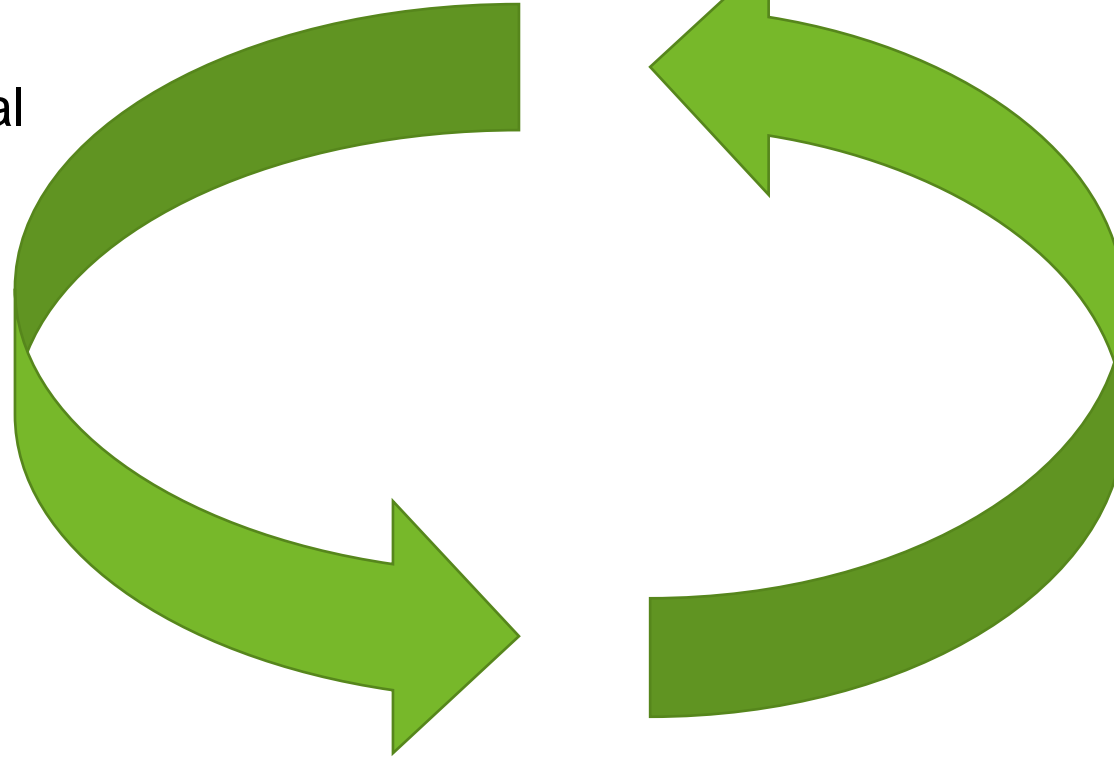
Most of the figures in this presentation were created with Biorender.com. Adapted from Nauwelaerts N, Deferm N, Smits A et al. A comprehensive review on non-clinical methods to study transfer of medication into breast milk – A contribution from the ConcePTION project. *Biomedicine & Pharmacotherapy*, volume 136, article 111038, April 2021.



Top-down (popPK)

Observed data (clinical concentration data)

Pharmacokinetic information and builds a model that fits the data.



Physicochemical properties/drug-specific data (e.g., logP, molecular weight, solubility, ADME...);
system data/ physiological data (e.g., organ volume, blood flow..)

Bottom-up (PBPK)



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conception

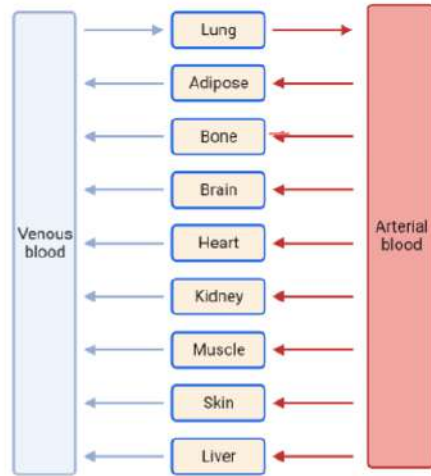


PBPK models can inform safety during lactation

Physiologically-based pharmacokinetic (PBPK) model



In vitro
In silico

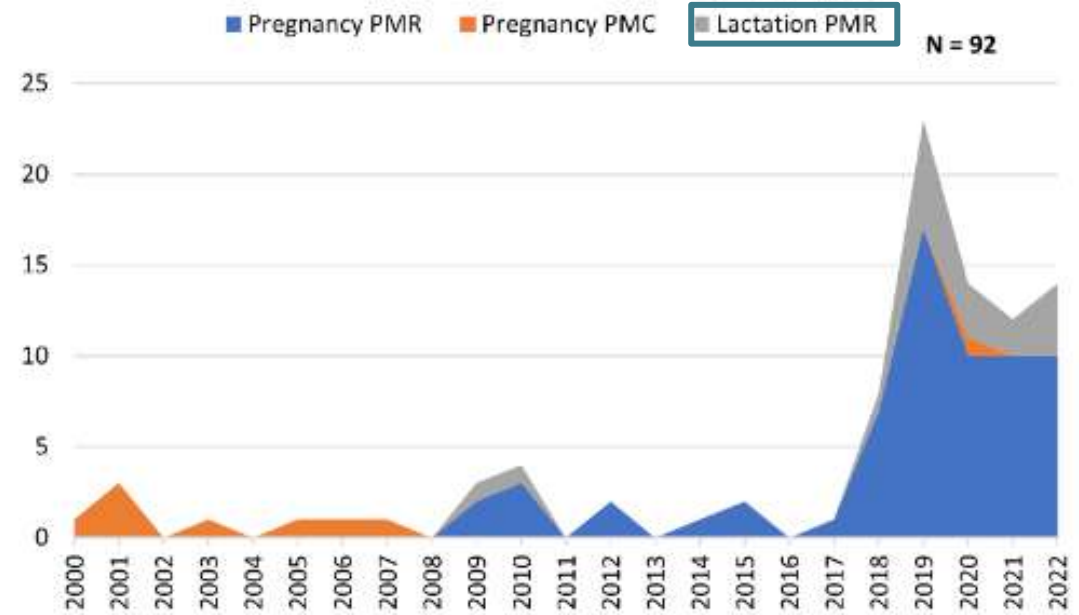
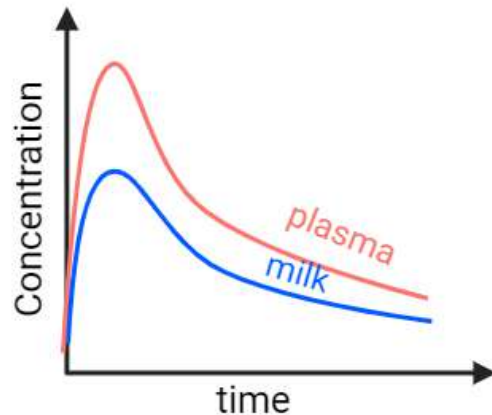


Drug-specific parameters

Clinical trial design-specific parameters

System-specific(physiology) parameters

Simulate **A**bsorption
Distribution **M**etabolism
Transporters and **E**xcretion of
a drug from the body.



Avachat et al., 2023

Concept paper on **revision** of the **Guideline on Risk Assessment of Medicinal Products on Human Reproduction and Lactation: from Data to Labelling**



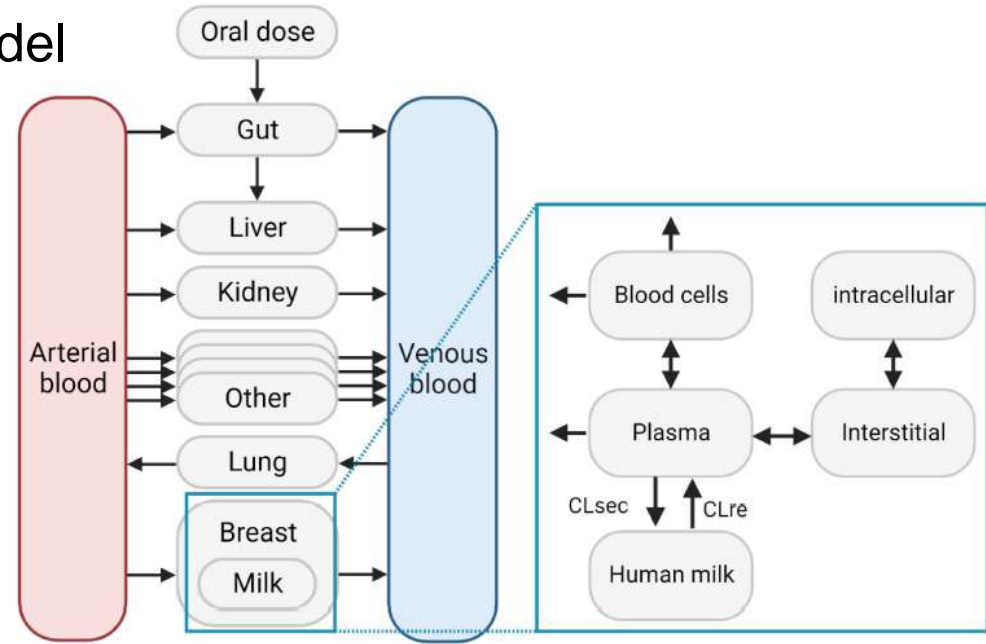
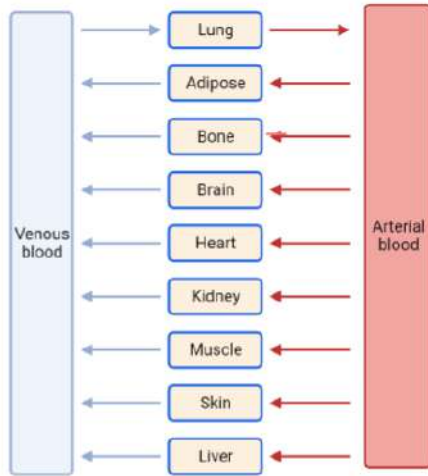


PBPK models can inform safety during lactation

Physiologically-based pharmacokinetic (PBPK) model



In vitro
In silico



Nauwelaerts et al., 2023

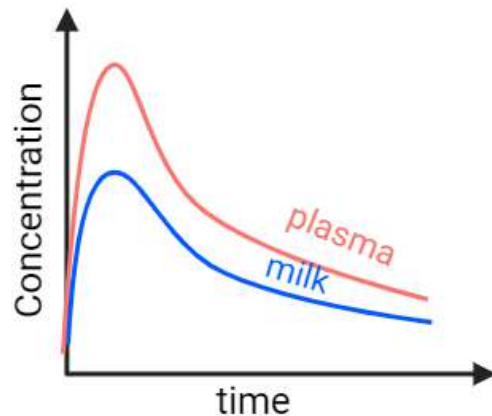
Lactation PBPK models can **predict** the **drug concentration** in **human milk** and guide **infant risk assessment** in cases of **maternal medication**.

Drug-specific parameters

Clinical trial design-specific parameters

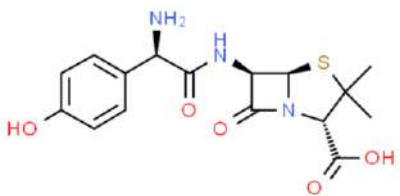
System-specific(physiology) parameters

Simulate **Absorption**
Distribution **Metabolism**
Transporters and **Excretion** of a drug from the body.

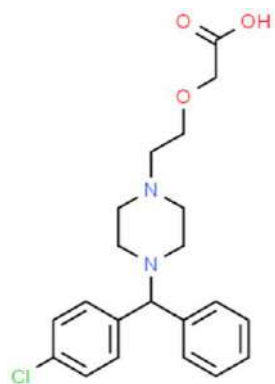




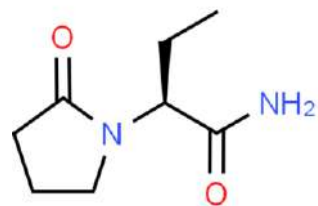
Model compounds



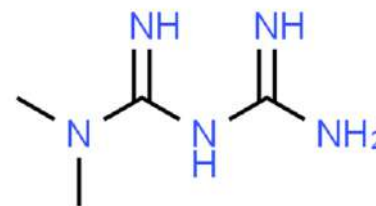
Amoxicillin
(Renal)



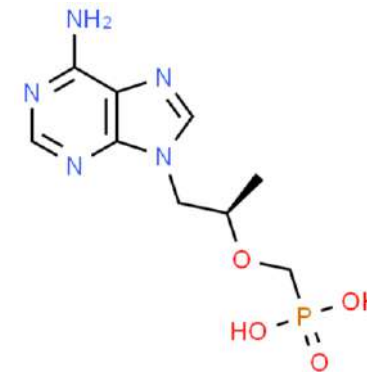
Cetirizine
(Renal)



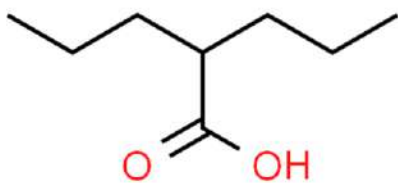
Levetiracetam
(Renal/Esterases)



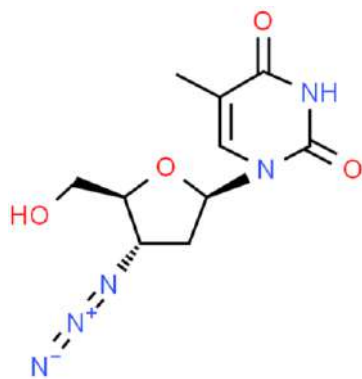
Metformin
(Renal)



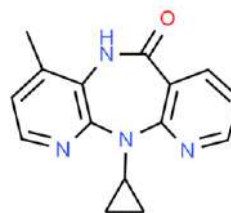
Tenofovir
(Renal)



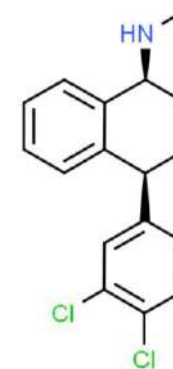
Valproic Acid
(Hepatic UGTs)



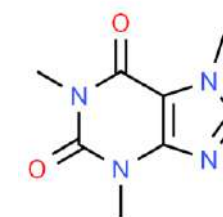
Zidovudine
(Hepatic UGT2B7)



Nevirapine
(Hepatic CYP3A4)



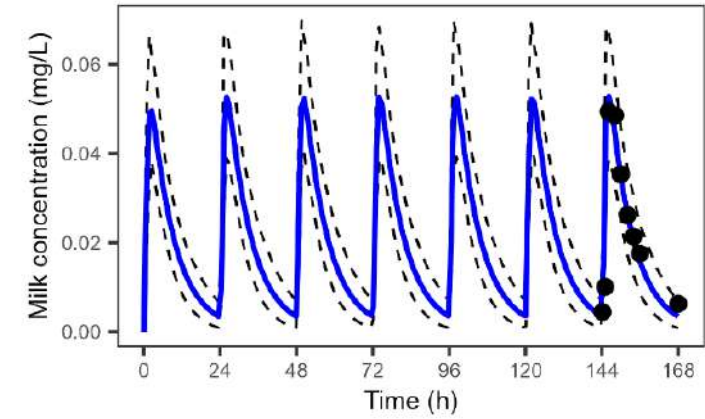
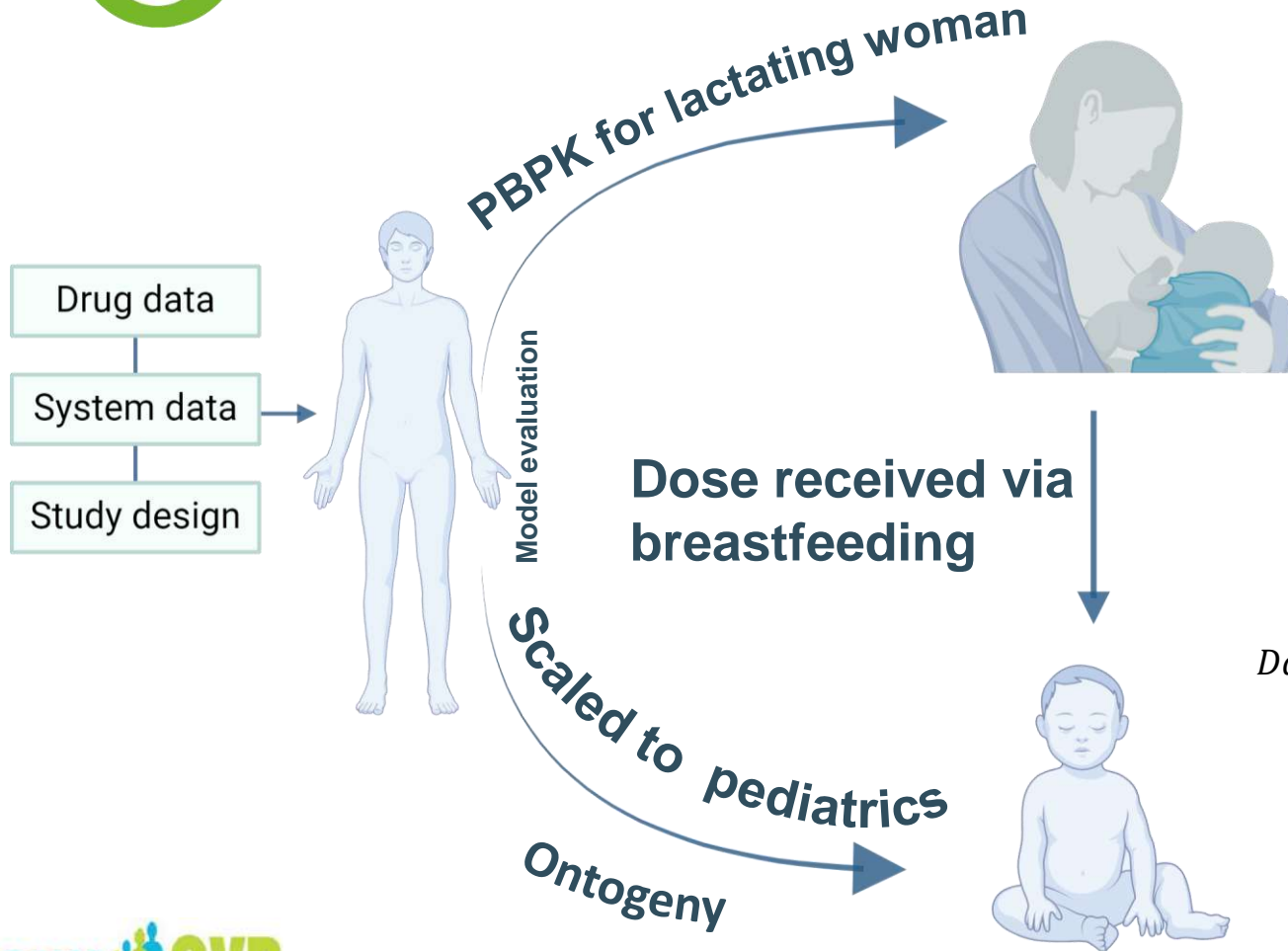
Sertraline
(Hepatic CYPs)



Caffeine
(Hepatic CYP1A2)



Workflow for lactation PBPK model development



$$C_{average,milk} = \frac{AUC_{milk}}{\tau}$$

$$Daily\ infant\ dosage\ (mg/kg/day) = C_{average,milk} \times milkvolume \frac{mL}{kg \cdot day}$$

$$Relative\ infant\ dose\ (RID, \%) = \frac{Infant\ daily\ dosage}{Maternal\ daily\ dosage} \times 100$$

$$Relative\ Infant\ Exposure\ (RIE, \%) = \frac{AUC\ Infant}{AUC\ maternal}$$

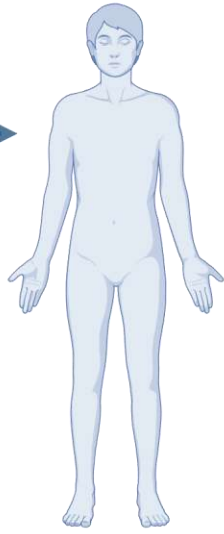


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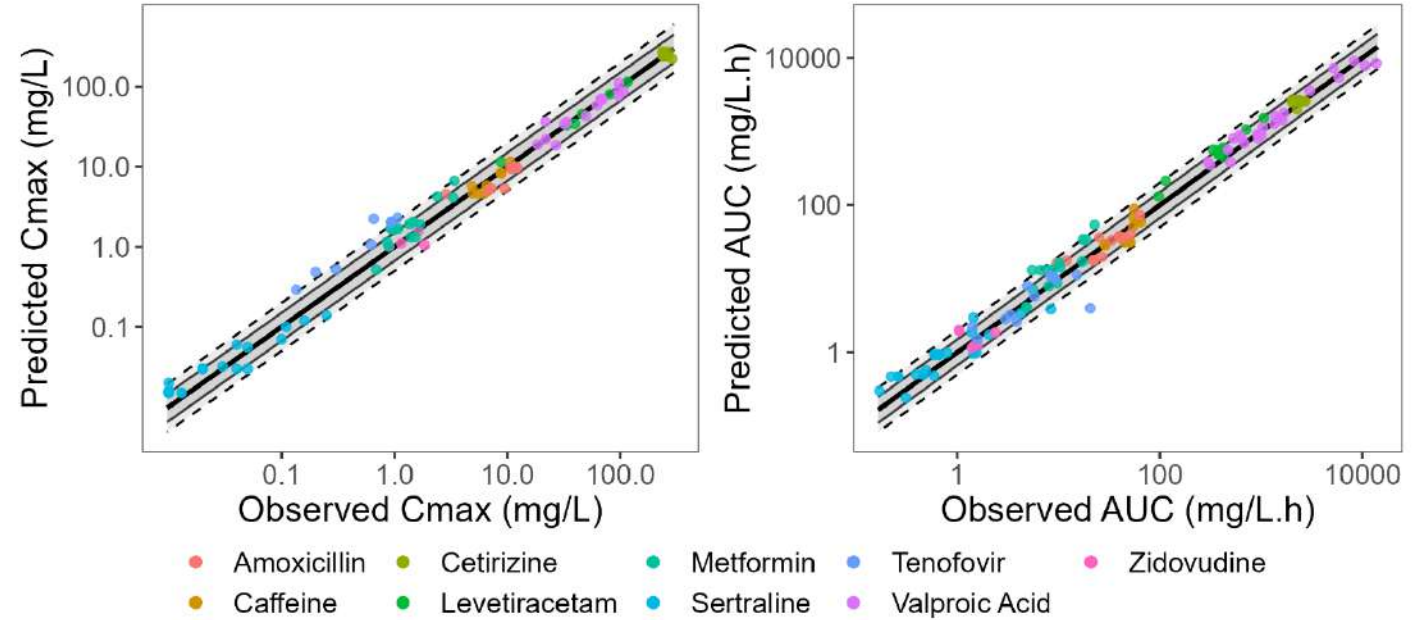




PBPK model performance for adult healthy volunteers



Sim-Healthy Volunteers



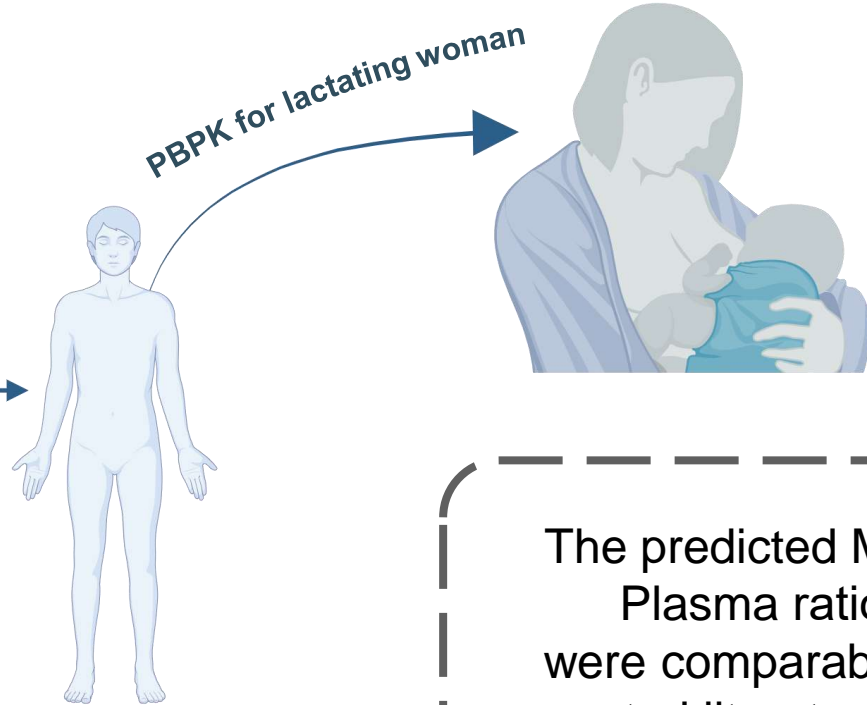
Overall (across all drugs) PBPK model performance for adult healthy volunteers (males and females) was within 2-fold margin for AUC and Cmax.

This qualified as base model for lactation PBPK model

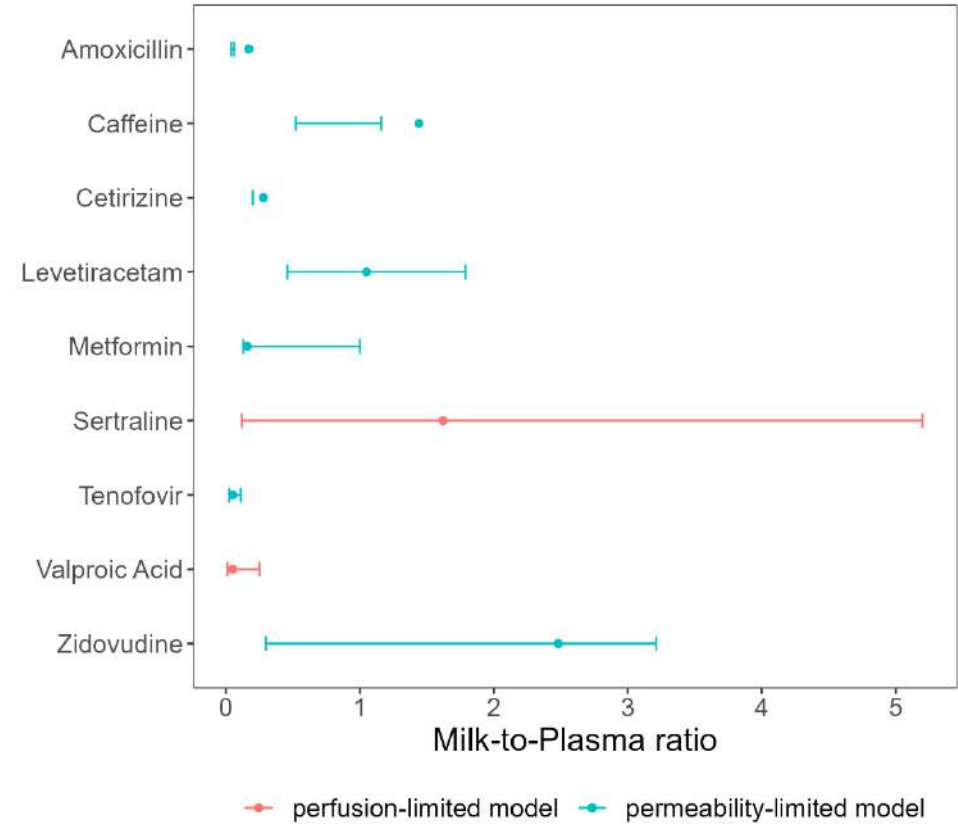


PBPK Prediction of Milk-to-Plasma Ratio

Study design
System data
Drug Data



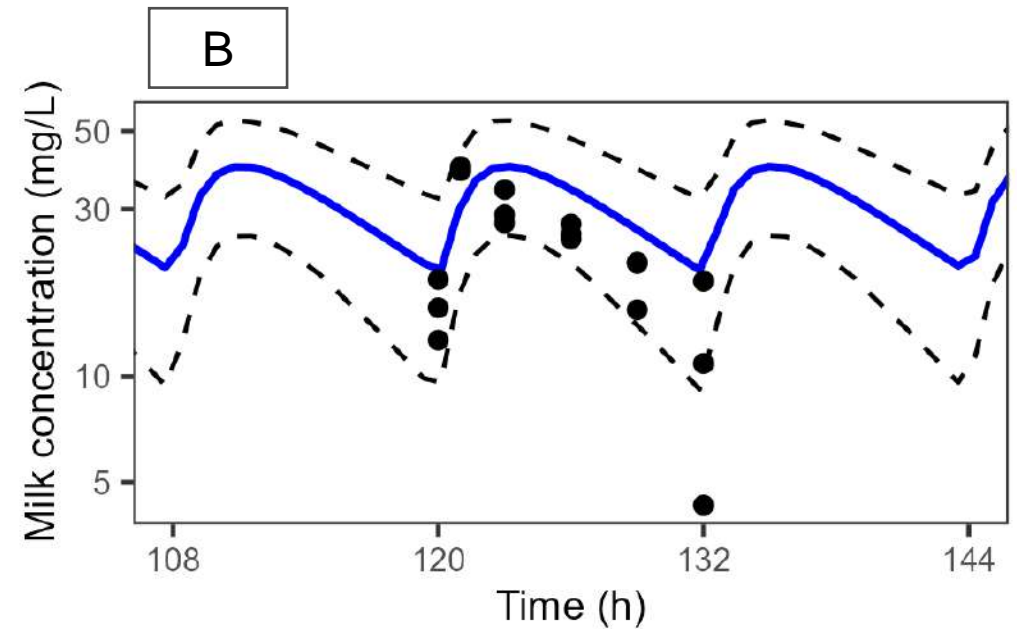
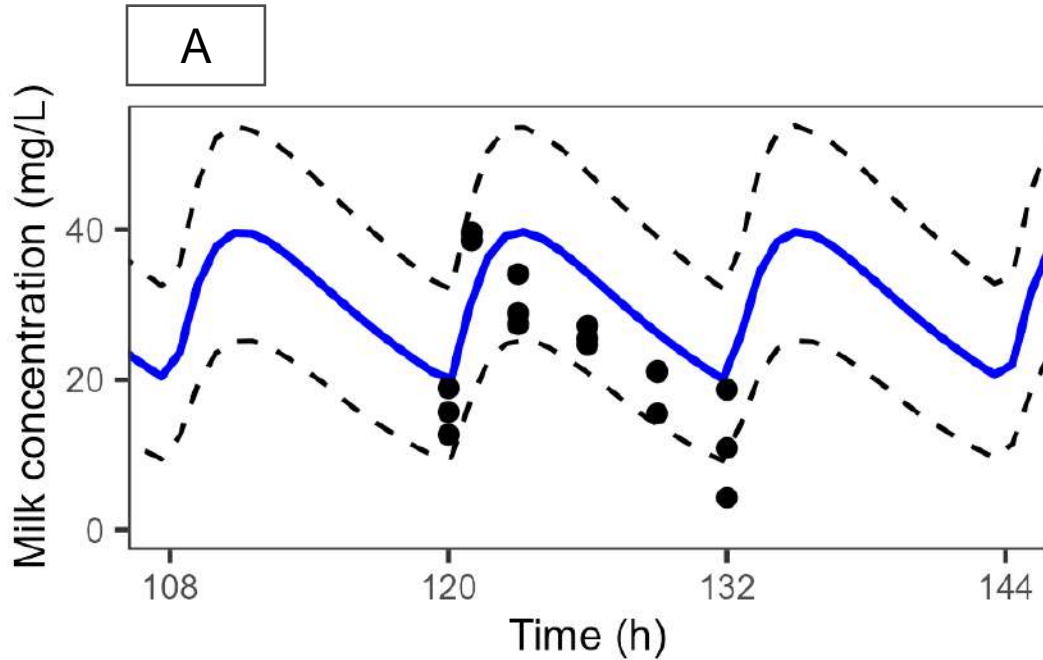
The predicted Milk-to-Plasma ratio's were comparable with reported literature values



The points represent the M/P ratio predicted by the lactation PBPK model and the solid line represents the M/P range reported in the literature.



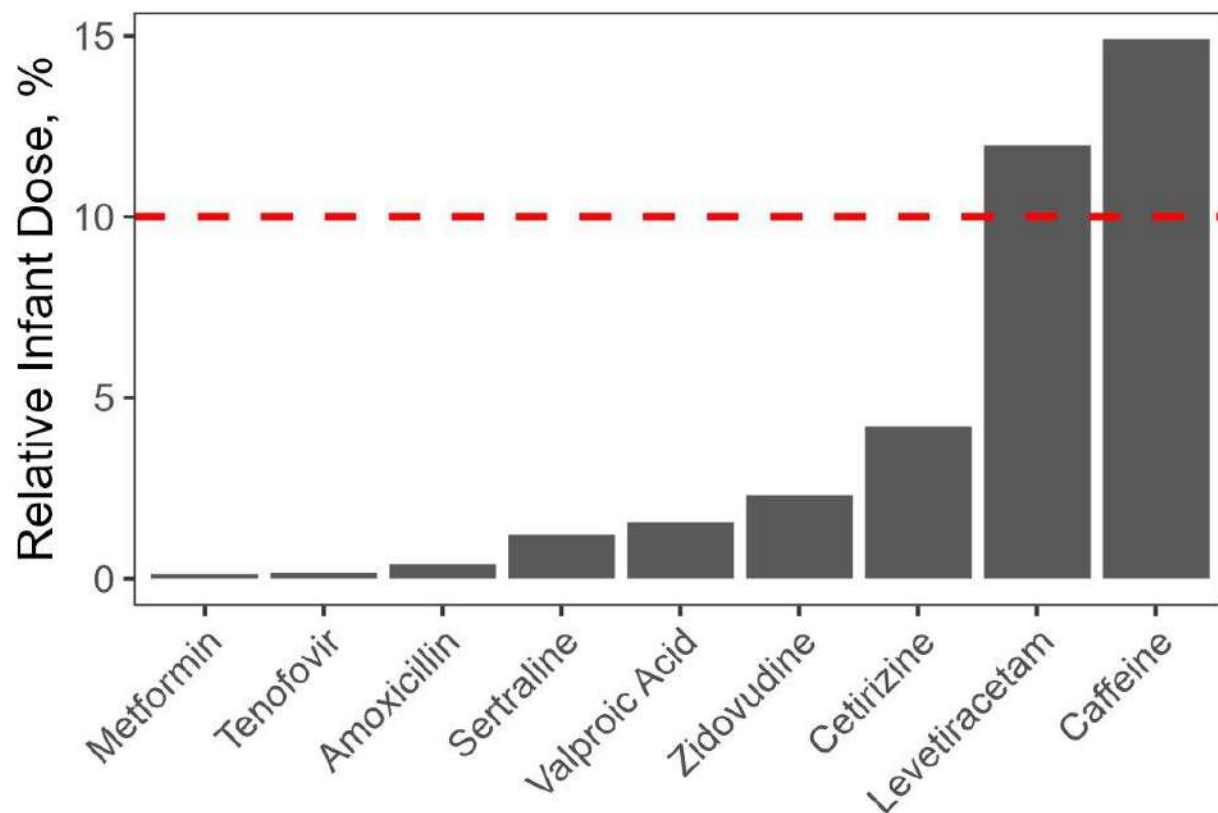
Comparison between prediction and clinical observed data for milk Levetiracetam (Keppra®)



Clinical observed data after maternal oral administration of 1500 mg/day (Dinavitser et al., 2020)
Figure (B) shown the data with the y-axis on a log scale.

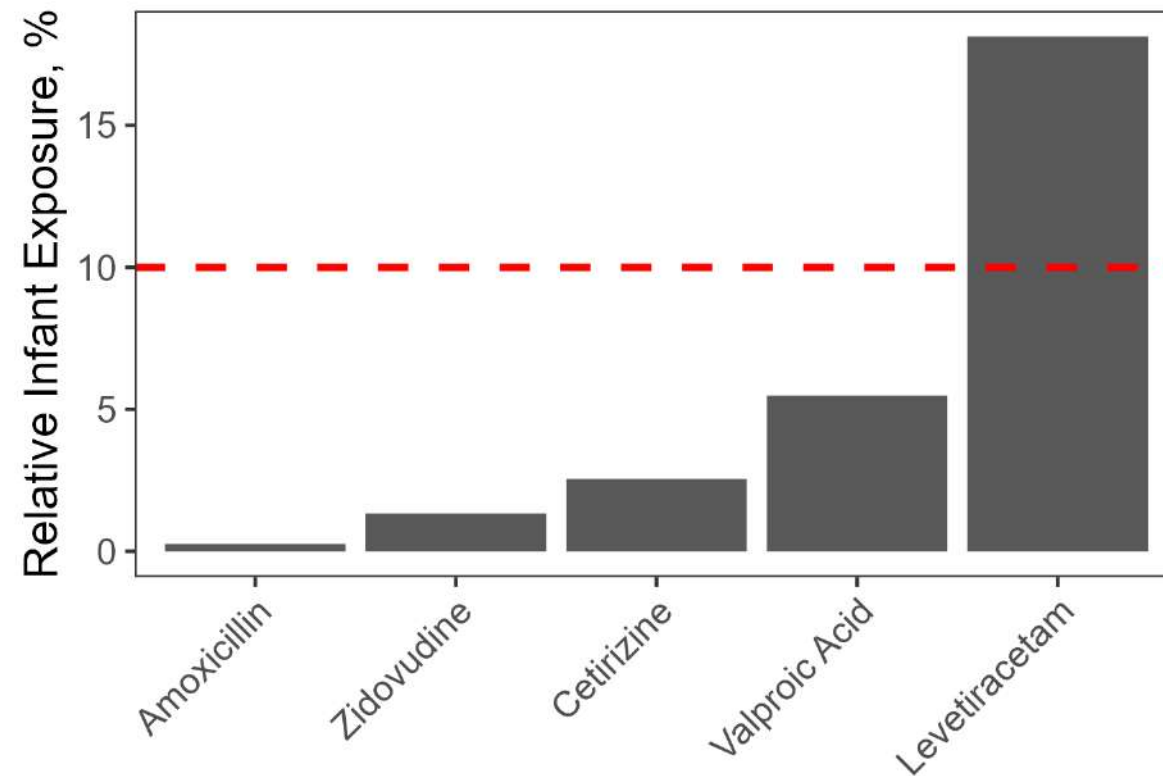


Predicted Relative Infant Dose (%)



$$\text{Relative infant dose (RID, \%)} = \frac{\text{Infant daily dosage}}{\text{Maternal daily dosage}} \times 100$$

Predicted Relative Infant Exposure (%)



$$\text{Relative Infant Exposure (RIE, \%)} = \frac{\text{AUC Infant}}{\text{AUC maternal}}$$



Conclusions and future perspectives

- ✓ Lactation PBPK models can **predict the drug concentration in human milk** and guide infant risk assessment in cases of maternal medication;
- ✓ PBPK-based simulations are expected to inform product labelling in medication use during lactation (**applying EMA qualification/opinion**);

“IMI ConcePTION Work Package 3 is seeking European Regulator's support of this innovative non-clinical platform for reliable prediction of medicine concentrations in human milk along with systemic exposure in infants.”

- ✓ Future and ongoing efforts will implement *in vitro* permeability coefficients across the blood – milk barrier



**Drug Delivery and Disposition Lab, KU
Leuven, Belgium**

UZ Leuven, Belgium

IMI ConcePTION partners

University of Bologna, Italy

Novartis Institutes for BioMedical Research

Nina Nauwelaerts, Justine Marine Badée, Rodolfo Hernandes Bonan, Martje Van Neste, Miao-Chan Huang, Anne Smits, Karel Allegaert, Pieter Annaert



“The research leading to these Results was conducted as part of the ConcePTION consortium. This presentation only reflects the personal views of the stated authors.”

“This work has received support from the EU/EFPIA Innovative Medicines Initiative 2 Joint Undertaking ConcePTION grant no. 821520.”

Figures Created with BioRender.com



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Thank you!

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