

**MODEL INFORMED PRECISION DOSING  
IN PEDIATRIC INTENSIVE CARE UNITS:  
A RANDOMIZED CLINICAL TRIAL**

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**EPTRI Scientific Meeting-Bari-18-19 July 2024**

# Background

Model-informed precision dosing (MIPD) also called Target Concentration Intervention (TCI) is a hybrid machine learning/PK approach to optimizing targeted dose using maximum a posteriori (MAP) Bayesian estimation and population-specific parameters such as PK/PD, age, sex, weight.

# Background

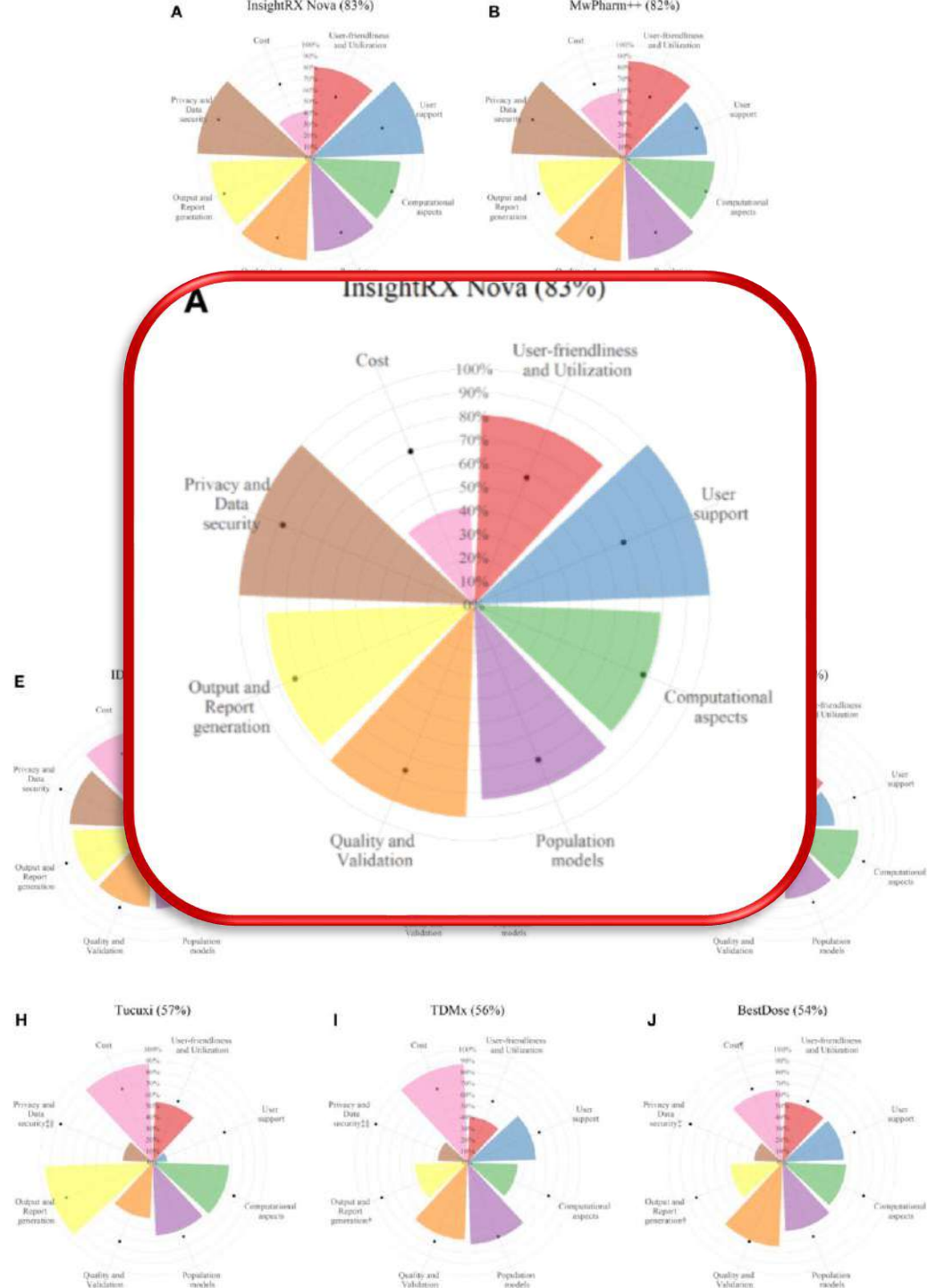
<b>TDM</b>	<b>TCI</b>
<p>TDM has no clear target. It provides a therapeutic window in which the appropriate dose can be included.</p>	<p>TCI has a single target. The target can be easily used to calculate an appropriate dose.</p>
<p>TDM provides a concentration measurement.</p>	<p>TCI uses PK/PD principles to estimate individual parameters so that the appropriate dose can be calculated.</p>
<p>TDM does not provide guidance to the clinician as it is limited to the therapeutic range. Dose adjustments are often experimental rather than based on quantitative pharmacological rationale.</p>	<p>TCI recommends the target dose using individual parameters (e.g. renal clearance). This provides guidance to the clinician.</p>

# Aim

This prospective study aimed to compare to MIPD-based dose adjustments versus standard dosing in terms of the duration of treatment, adverse events and mortality.

# Methods

- This pilot study was conducted between January and June 2024 in a Pediatric Intensive Care Unit (PICU).
- The patients were randomly assigned to MIPD (intervention) and standard (control) dosing.
- This study used the MIPD tool named InsightRx® program to compare the difference between predicted and observed plasma levels, including patients treated with amikacin, vancomycin, or fluconazole and had at least one TDM evaluated.



Kantasiripitak W, et al. Software Tools for Model-Informed Precision Dosing: How Well Do They Satisfy the Needs? Front Pharmacol. 2020 May 7;11:620.

# Find the right dose faster

Individualize treatment with precision dosing software that improves over time, helping you achieve clinical targets to improve treatment efficacy and reduce adverse events.

## Insight RX


USA (2015)

Web-based: [www.insight-rx.com/](http://www.insight-rx.com/)

PopPk and MAP Bayesian forecasting

For adults, pediatrics and newborns

Antibiotics, anticoagulants, antifungals, antineoplastics, antipsychotics, digoxin, immunosuppressants, metadon , etc.

 Edit patient



PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS 

Test patient

First name

Last name \*

MRN / patient ID

CSN / visit ID


Sex \*

Male  Female

Date of birth \*

Retrospective

Drug \*

Vancomycin (children) 

Serum creatinine

0.38	mg/dL 	05/02/2024 03:00		
0.54	mg/dL 	05/01/2024 10:00		
0.45	mg/dL 	04/30/2024 02:00		
 More				

Total body weight

6.7	kg 	05/02/2024		
 More				

Height

70	cm	05/02/2024		
 More				

Show all

Cancel

Save



PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS ⚠️

Hemodialysis simulation method:

Manually enter additional drug clearance



**Info:**

**Additional clearance method:** For each HD session, please provide the expected *additional clearance* from the hemodialysis. The entered values will be added to the model-predicted drug clearance.

HIDE

No hemodialysis sessions defined for this patient.

+ Add session

Cancel

Save

PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS ⚠



Info:

Treatment tags are for data analytics only and do not impact predictions for active treatment courses.

Hospital unit

Indications

Co-treatment options

Co-morbidities

Co-medications

Required\*

PICU x |

ICU

NICU

CVICU

⚠ ECMO x

Select options

Diuretics x Vasopressors x

Cancel

Save



**Info:**

Treatment tags are for data analytics only and do not impact predictions for active treatment courses.

Hospital unit

PICU ✕

Indications

Pneumonia ✕ |

Urinary tract infection (UTI)

Cellulitis (mild - moderate)

Cellulitis (severe)

Select options

Co-treatment options

Co-morbidities

Diuretics ✕

Vasopressors ✕

Co-medications

Required\*

Cancel

Save



PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS



**Info:**

Treatment tags are for data analytics only and do not impact predictions for active treatment courses.

Hospital unit

PICU

Indications

Pneumonia

Co-treatment options

ECMO

Co-morbidities

hemodialysis

CRRT

Co-medications

Diuretics Vasopressors

Required\*

Cancel

Save



PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS

**Info:**  
Treatment tags are for data analytics only and do not impact predictions for active treatment courses.

Hospital unit

PICU

Indications

Pneumonia

Co-treatment options

ECMO

Co-morbidities

Select options

- Oncology / BMT
- Cystic fibrosis

Co-medications

Required\*

Cancel

Save

PATIENT INFO

HEMODIALYSIS

TREATMENT TAGS 



**Info:**

Treatment tags are for data analytics only and do not impact predictions for active treatment courses.

Hospital unit

PICU ✕

Indications

Pneumonia ✕

Co-treatment options

 ECMO ✕

Co-morbidities

Select options

Co-medications

Diuretics ✕ Vasopressors ✕ |

Required\*

Piperacillin/tazobactam

Cefepime

IV contrast

Cancer

Save

the study population on which this model was built, so parameters and exposure estimates may be less predictive than expected. Please apply clinical judgement when individualizing dosage.

### Dose information

Update



Target guidance AUC24 (range): 400-600 mg/L.hr

last updated a few seconds ago

steady state concentrations are calculated 4 days out from 05/02/2024

Loading dose

#### Custom dose

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/>	<input type="text"/> mg	6 hours	1 hours				

#### Reference table

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/> -30 %	70 mg (10.4 mg/kg)	6 hours	1 hours	341 mg/L.hr	8.4 mg/L	35 %	5 %
<input type="checkbox"/> -15 %	85 mg (12.7 mg/kg)	6 hours	1 hours	414 mg/L.hr	10.2 mg/L	53 %	11 %
<input checked="" type="checkbox"/> <b>DoseAssist</b>	<b>100 mg (14.9 mg/kg)</b>	<b>6 hours</b>	<b>1 hours</b>	<b>487 mg/L.hr</b>	<b>11.9 mg/L</b>	<b>68 %</b>	<b>18 %</b>
<input type="checkbox"/> +15 %	115 mg (17.2 mg/kg)	6 hours	1 hours	559 mg/L.hr	13.7 mg/L	79 %	26 %
<input type="checkbox"/> +30 %	130 mg (19.4 mg/kg)	6 hours	1 hours	632 mg/L.hr	15.5 mg/L	87 %	34 %

Summary

Generate PDF

\* P<sub>AUC</sub>: probability that AUC is >400 (efficacy); P<sub>conc</sub>: probability that C<sub>trough</sub> is above 20 µg/mL (toxicity)

Date of birth 09/28/2023  
Age 7.1 months  
Sex Female

### Vancomycin (children)

#### Notes

#### Clinical info

Edit

Serum creatinine 0.38 mg/dL 05/02/2024  
Total body weight 6.7 kg 05/02/2024  
Height 70 cm 05/02/2024  
Creatinine assay Jaffe  
GFR est. method Schwartz revised  
GFR est. (absolute) 15.4 mL/min  
FR est. (relative) 76.1 mL/min/1.73m<sup>2</sup>  
Weight for GFR est. Total body weight  
Baseline sCr 0.4 mg/dL  
AKI (KDIGO) No AKI

BSA 0.35 m<sup>2</sup>  
BMI 13.7 kg/m<sup>2</sup>

PK Fit info Exposure Covariates

all	Population	Individual	untransformed
CL	0.822	0.822 L/hr	
V <sub>c</sub>	4.31	4.31 L	
t <sub>1/2</sub>	3.63	3.63 hr	

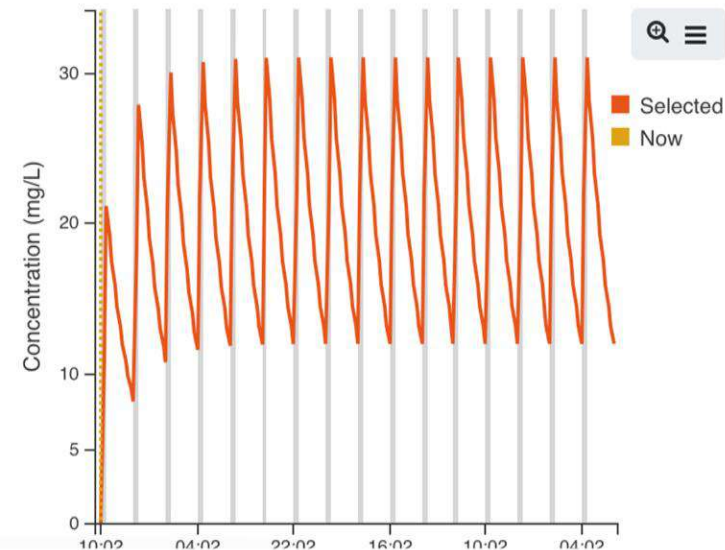
Model Children / general (Le, TDM 2014)



#### Info:

No fit performed yet

HIDE



**Warning:** The Total body weight for this patient is outside the Total body weight-range (from 8 kg up to 100 kg) of the study population on which this model was built, so parameters and exposure estimates may be less predictive than expected. Please apply clinical judgement when individualizing dosage.

Date of birth 09/28/2023  
Age 7.1 months  
Sex Female

comycin (children)

otes (05/02/2024 10:04)

clinical info

Edit

Serum creatinine 0.38 mg/dL 05/02/2024 4

total body weight 6.7 kg 05/02/2024  
Height 70 cm 05/02/2024

Creatinine assay Jaffe

GFR est. method Schwartz revised

GFR est. (absolute) 15.4 mL/min

GFR est. (relative) 76.1 mL/min/1.73m<sup>2</sup>

Weight for GFR est. Total body weight

Baseline sCr 0.4 mg/dL

### Settings

**Reference table**

Initial dose

After TDM

**Modeling settings**

Model

Fitting method

Weighting scheme

**Target**

Target type

Target value(s)  mg/L.hr

**Regimen**

Initial interval  hours

Inf. length  hours

<input type="checkbox"/>	-15 %	85 mg (12.7 mg/kg)	6 hours	1 hours	414 mg/L.hr	10.2 mg/L	53 %	11 %
<input checked="" type="checkbox"/>	<b>DoseAssist</b>	<b>100 mg (14.9 mg/kg)</b>	<b>6 hours</b>	<b>1 hours</b>	<b>487 mg/L.hr</b>	<b>11.9 mg/L</b>	<b>68 %</b>	<b>18 %</b>
<input type="checkbox"/>	+15 %	115 mg (17.2 mg/kg)	6 hours	1 hours	559 mg/L.hr	13.7 mg/L	79 %	26 %
<input type="checkbox"/>	+30 %	130 mg (19.4 mg/kg)	6 hours	1 hours	632 mg/L.hr	15.5 mg/L	87 %	34 %

PK Fit info Exposure Covariates

Individual untransformed

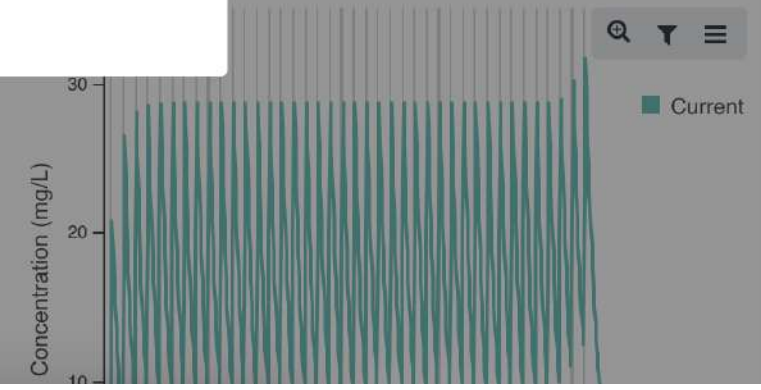
0.822 L/hr

4.31 L

3.63 hr

/ general (Le, TDM 2014)

HIDE





Edit doses and markers

Clock time ⌵ ✕

	Dose	Interval	Start time	Inf. length	Marker	Since dose
35	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/27/2024 18:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
36	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/28/2024 00:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
37	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/28/2024 06:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
	<input type="text" value="sCr"/>		<input type="text" value="04/28/2024 10:00"/>		<input type="text" value="0.28"/> mg/dL	<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
38	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/28/2024 12:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
39	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/28/2024 18:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
40	<input type="text" value="100"/> mg	+6 h 0 m	<input type="text" value="04/29/2024 00:00"/>	<input type="text" value="1"/> hours		<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
	<input type="text" value="sCr"/>		<input type="text" value="04/29/2024 10:00"/>		<input type="text" value="0.6"/> mg/dL	<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
	<input type="text" value="sCr"/>		<input type="text" value="04/30/2024 10:00"/>		<input type="text" value="0.45"/> mg/dL	<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
	<input type="text" value="sCr"/>		<input type="text" value="05/01/2024 10:00"/>		<input type="text" value="0.54"/> mg/dL	<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>
	<input type="text" value="sCr"/>		<input type="text" value="05/02/2024 10:00"/>		<input type="text" value="0.38"/> mg/dL	<input type="button" value="+ Dose"/> <input type="button" value="+ TDM"/> <input type="button" value="+ sCr"/>

Date of birth 09/28/2023  
 Age 7.1 months  
 Sex Female

Vancomycin (children)

Notes (05/02/2024 10:04)

Clinical info

[Edit](#)

Serum creatinine	0.38 mg/dL	05/02/2024
Total body weight	6.7 kg	05/02/2024
Height	70 cm	05/02/2024
Creatinine assay	Jaffe	
GFR est. method	Schwartz revised	
GFR est. (absolute)	15.4 mL/min	
GFR est. (relative)	76.1 mL/min/1.73m <sup>2</sup>	
Weight for GFR est.	Total body weight	
Baseline sCr	0.4 mg/dL	

**Warning:** The Total body weight for this patient is outside the Total body weight-range (from 8 kg up to 100 kg) of the study population on which this model was built, so parameters and exposure estimates may be less predictive than expected. Please apply clinical judgement when individualizing dosage. HIDE

Dose information

Update Settings **Target guidance** AUC24 (range): 400-600 mg/L.hr [Edit](#)  
 last updated a few seconds ago  
 steady state concentrations are calculated 4 days out from 05/02/2024

Custom dose [?](#)

Δ	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC*</sub>	P <sub>conc*</sub>
<input type="checkbox"/>	<input type="text"/> mg	<input type="text"/> 6 hours	<input type="text"/> 1 hours				

Reference table

Δ	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC*</sub>	P <sub>conc*</sub>
<input type="checkbox"/> -30 %	70 mg (10.4 mg/kg)	6 hours	1 hours	341 mg/L.hr	8.4 mg/L	35 %	5 %
<input type="checkbox"/> -15 %	85 mg (12.7 mg/kg)	6 hours	1 hours	414 mg/L.hr	10.2 mg/L	53 %	11 %
<input checked="" type="checkbox"/> <b>DoseAssist</b>	<b>100 mg (14.9 mg/kg)</b>	<b>6 hours</b>	<b>1 hours</b>	<b>487 mg/L.hr</b>	<b>11.9 mg/L</b>	<b>68 %</b>	<b>18 %</b>
<input type="checkbox"/> +15 %	115 mg (17.2 mg/kg)	6 hours	1 hours	559 mg/L.hr	13.7 mg/L	79 %	26 %
<input type="checkbox"/> +30 %	130 mg (19.4 mg/kg)	6 hours	1 hours	632 mg/L.hr	15.5 mg/L	87 %	34 %

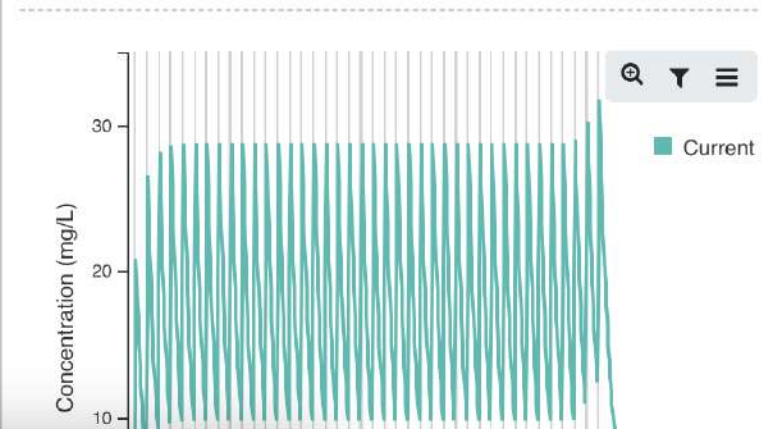
\* P<sub>AUC</sub>: probability that AUC is >400 (efficacy); P<sub>conc</sub>: probability that C<sub>trough</sub> is above 20 µg/mL

PK Fit info Exposure Covariates

all	Population	Individual	untransformed
CL	0.822	0.822 L/hr	
V <sub>c</sub>	4.31	4.31 L	
t <sub>1/2</sub>	3.63	3.63 hr	

Model Children / general (Le, TDM 2014) [Edit](#)

**Info:** No fit performed yet HIDE



## Dose information

Update



Target guidance AUC24 (range): 400-600 mg/L.hr

last updated a few seconds ago, starting with dose #59 at 05/03/2024 18:00

steady state concentrations are calculated 4 days out from 05/03/2024

## Custom dose

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/>	<input type="text"/> mg <input type="text"/>	<input type="text"/> hours	<input type="text"/> hours				

## Reference table

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/> -30 %	70 mg (10.4 mg/kg)	6 hours	1 hours	352 mg/L.hr	8.8 mg/L	14 %	0 %
<input type="checkbox"/> -15 %	85 mg (12.7 mg/kg)	6 hours	1 hours	428 mg/L.hr	10.7 mg/L	71 %	0 %
<input checked="" type="checkbox"/> <b>DoseAssist</b>	<b>100 mg (14.9 mg/kg)</b>	<b>6 hours</b>	<b>1 hours</b>	<b>503 mg/L.hr</b>	<b>12.6 mg/L</b>	<b>97 %</b>	<b>0 %</b>
<input type="checkbox"/> +15 %	115 mg (17.2 mg/kg)	6 hours	1 hours	579 mg/L.hr	14.5 mg/L	100 %	3 %
<input type="checkbox"/> +30 %	130 mg (19.4 mg/kg)	6 hours	1 hours	654 mg/L.hr	16.4 mg/L	100 %	12 %

Summary

Generate PDF

\* P<sub>AUC</sub>: probability that AUC is >400 (efficacy); P<sub>conc</sub>: probability that C<sub>trough</sub> is above 20 µg/mL (toxicity)

Simulate doses  doses starting  at

PK

Fit info

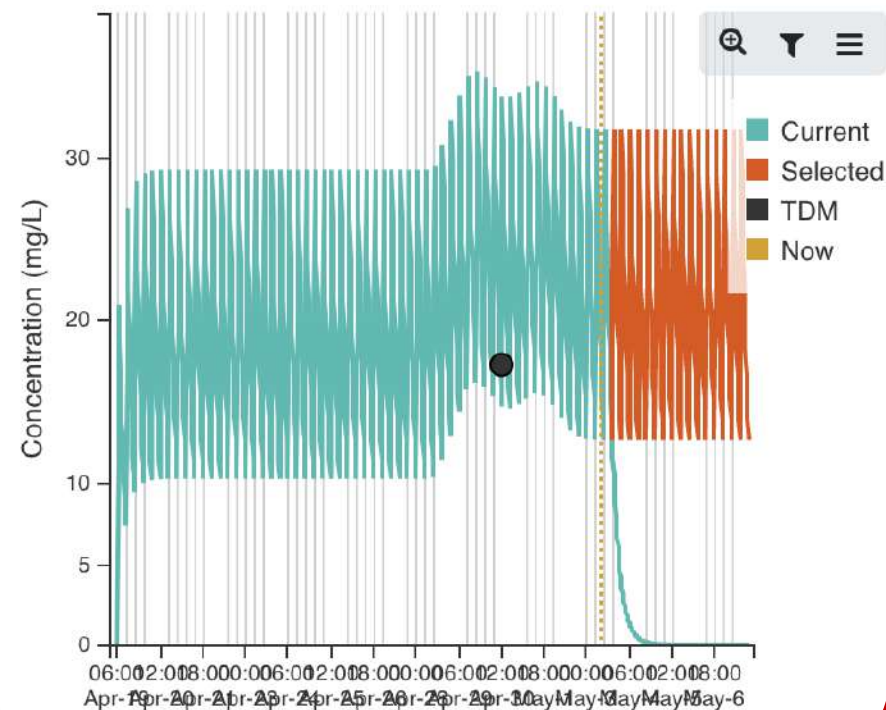
Exposure

Covariates

<input checked="" type="checkbox"/> all	Population	Individual	untransformed
CL	0.814	0.795 L/hr	
V <sub>c</sub>	4.31	4.32 L	
t <sub>1/2</sub>	3.67	3.77 hr	

Model fit: **GOOD**

Model Children / general (Le, TDM 2014)



the study population on which this model was built, so parameters and exposure estimates may be less predictive than expected. Please apply clinical judgement when individualizing dosage.

### Dose information

Update



Target guidance AUC<sub>24</sub> (range): 400-600 mg/L.hr

last updated a few seconds ago, starting with dose #59 at 05/03/2024 18:00

steady state concentrations are calculated 4 days out from 05/03/2024

#### Custom dose ?

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/>	<input type="text"/> mg	<input type="text"/> hours	<input type="text"/> hours				

#### Reference table

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/>	-30 %	70 mg (10.4 mg/kg)	6 hours	352 mg/L.hr	8.8 mg/L	14 %	0 %
<input type="checkbox"/>	-15 %	85 mg (12.7 mg/kg)	6 hours	428 mg/L.hr	10.7 mg/L	71 %	0 %
<input checked="" type="checkbox"/>	<b>DoseAssist</b>	<b>100 mg (14.9 mg/kg)</b>	<b>6 hours</b>	<b>503 mg/L.hr</b>	<b>12.6 mg/L</b>	<b>97 %</b>	<b>0 %</b>
<input type="checkbox"/>	+15 %	115 mg (17.2 mg/kg)	6 hours	579 mg/L.hr	14.5 mg/L	100 %	3 %
<input type="checkbox"/>	+30 %	130 mg (19.4 mg/kg)	6 hours	654 mg/L.hr	16.4 mg/L	100 %	12 %

Summary

Generate PDF

\* P<sub>auc</sub>: probability that AUC is >400 (efficacy); P<sub>conc</sub>: probability that C<sub>trough</sub> is above 20 µg/mL (toxicity)

Simulate doses

doses starting

at

PK

**Fit info**

Exposure

Covariates

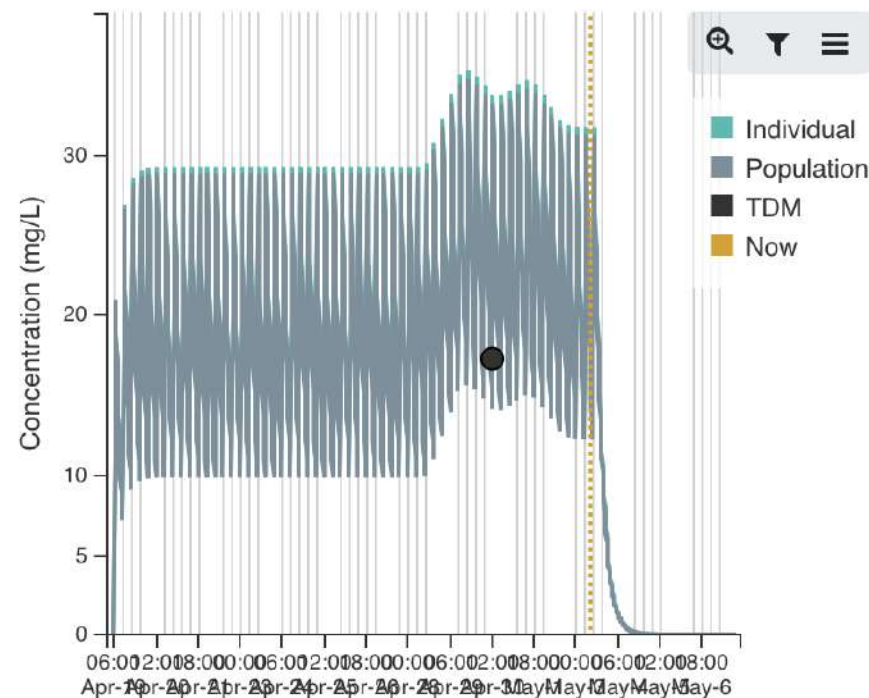
Time	TDM	Prediction	Weight	Fit
04/30/2024 11:30	17.2	15.92 mg/L	100%	✓

Model fit: **GOOD** ?

Model: Children / general (Le, TDM 2014)

Fitting method: MAP Bayesian

Weighting scheme: Linear gradient



<b>ICON</b>	<b>FIT</b>	<b>SUMMARY</b>	<b>MANAGEMENT</b>
	Good	"reasonable"	no further explanation needed
	Intermediate	"caution"	look for explanations
	Poor	"suspicious"	check data; caution with predictions

## Dose information

Update



Target guidance AUC<sub>24</sub> (range): 400-600 mg/L.hr

last updated a few seconds ago, starting with dose #59 at 05/03/2024 18:00

steady state concentrations are calculated 4 days out from 05/03/2024

### Custom dose

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input checked="" type="checkbox"/>	200 mg	6 hours	1 hours	1006 mg/L.hr	25.2 mg/L	100 %	89 %

### Reference table

$\Delta$	Dose	Interval	Inf. length	AUC <sub>24,ss</sub>	C <sub>trough,ss</sub>	P <sub>AUC</sub> *	P <sub>conc</sub> *
<input type="checkbox"/> -30 %	70 mg (10.4 mg/kg)	6 hours	1 hours	352 mg/L.hr	8.8 mg/L	14 %	0 %
<input type="checkbox"/> -15 %	85 mg (12.7 mg/kg)	6 hours	1 hours	428 mg/L.hr	10.7 mg/L	71 %	0 %
<input type="checkbox"/> <b>DoseAssist</b>	100 mg (14.9 mg/kg)	6 hours	1 hours	503 mg/L.hr	12.6 mg/L	97 %	0 %
<input type="checkbox"/> +15 %	115 mg (17.2 mg/kg)	6 hours	1 hours	579 mg/L.hr	14.5 mg/L	100 %	3 %
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Summary

Generate PDF

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PK

Fit info

Exposure

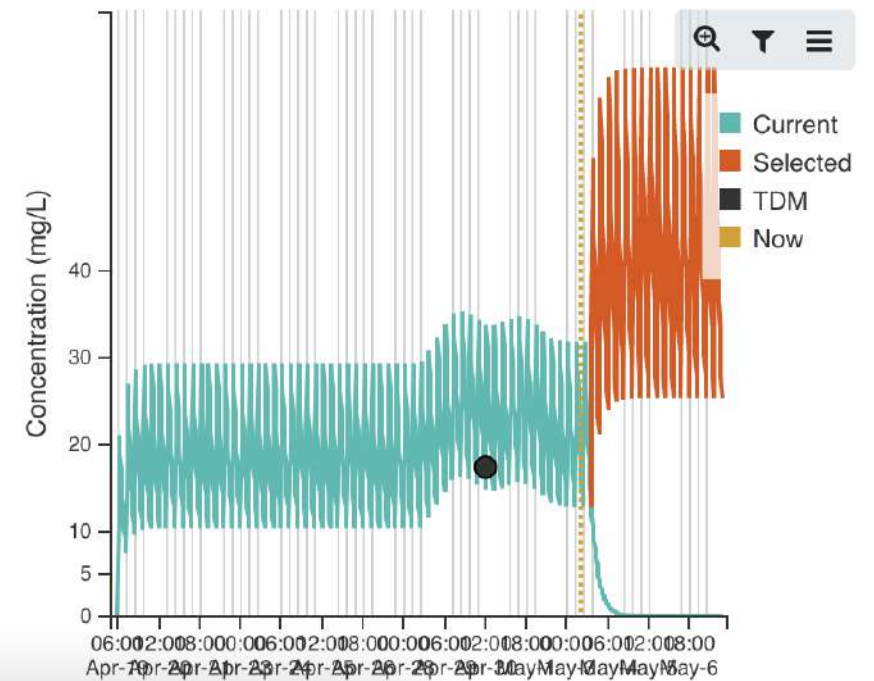
Covariates

all Population Individual untransformed

CL	0.814	0.795 L/hr	
V <sub>C</sub>	4.31	4.32 L	
t <sub>1/2</sub>	3.67	3.77 hr	

Model fit: **GOOD**

Model Children / general (Le, TDM 2014)



# Results

- InsightRx uses population-based modeling to predict patients' TDM scores and categorizes them as “poor”, “intermediate” or “good” to assess the patient's fit to the model.
- Total of 66 patients were admitted to the PICU with relevant treatment, but only 27 (40.9%) met inclusion criteria with 39 TDM [55.6% males, median age 100 months (range:7-548 months)].
- The majority of patients were receiving vancomycin (44.4%), while those receiving amikacin (18.5%) and combination therapy (37.2%) were noted separately.

# Results

## Distribution of related pharmacotherapy

Medications (N=27)	n	%
Vancomycin	12	44.4
Amikacin	5	18.5
Vancomycin + Amikacin	6	22.4
Amikacin + Fluconazole	2	7.4
Vancomycin + Amikacin + Fluconazole	2	7.4



# Results

- Modeling program predicted that 82.1% of 39 TDM levels would be classified as "good." Total of 7 (17.9%) TDMs were subjected to a second assessment, with program correctly identifying 100% of these as within the acceptable level.
- Based on 39 TDM, only 12 (30.8%) recommendations were accepted, with 27 TDM continuing with the existing dose.

# Results

- Of the 12 accepted recommendations, 9 were for dose increase and 3 were for dose reduction.
- Among the accepted dose recommendations, 7 of them showed the TDM level for the second time and 2 of them were modified and classified as "good» (the first TDM's were poor and intermediate).
- There were no significant differences between groups in terms of LOS, duration of treatment adverse events and mortality due to small sample size.

# Model-informed precision dosing of beta-lactam antibiotics and ciprofloxacin in critically ill patients: a multicentre randomised clinical trial

Original | Open access | Published: 09 November 2022

Volume 48, pages 1760–1771, (2022) [Cite this article](#)

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**Purpose:** Individualising drug dosing using model-informed precision dosing (MIPD) of beta-lactam antibiotics and ciprofloxacin has been proposed as an alternative to standard dosing to optimise antibiotic efficacy in critically ill patients. However, randomised clinical trials (RCT) on clinical outcomes have been lacking.

**Methods:** This multicentre RCT, including patients admitted to the intensive care unit (ICU) who were treated with antibiotics, was conducted in eight hospitals in the Netherlands. Patients were randomised to MIPD with dose and interval adjustments based on monitoring serum drug levels (therapeutic drug monitoring) combined with pharmacometric modelling of beta-lactam antibiotics and ciprofloxacin. The primary outcome was ICU length of stay (LOS). Secondary outcomes were ICU mortality, hospital mortality, 28-day mortality, 6-month mortality, delta sequential organ failure assessment (SOFA) score, adverse events and target attainment.

**Results:** In total, 388 (MIPD  $n = 189$ ; standard dosing  $n = 199$ ) patients were analysed (median age 64 [IQR 55–71]). We found no significant differences in ICU LOS between MIPD compared to standard dosing (10 MIPD vs 8 standard dosing; IRR = 1.16; 95% CI 0.96–1.41;  $p = 0.13$ ). There was no significant difference in target attainment before intervention at day 1 (T1) (55.6% MIPD vs 60.9% standard dosing;  $p = 0.24$ ) or at day 3 (T3) (59.5% vs 60.4%;  $p = 0.84$ ). There were no significant differences in other secondary outcomes.

**Conclusions:** We could not show a beneficial effect of MIPD of beta-lactam antibiotics and ciprofloxacin on ICU LOS in critically ill patients. Our data highlight the need to identify other approaches to dose optimisation.

**Keywords:** Precision dosing, Beta-lactam antibiotics, Ciprofloxacin, Model-informed, Critically ill

# Limitations

- Of the 12 accepted recommendations, 9 were for dose increase and 3 were for dose reduction.
- Different population and different covariates
- Antibiotic and antifungal plasma level measure 1 day (Thursday) every week in our hospital.
- Workload and time effort
- Without integration of EHR
- An unorthodox approach for clinicians



# Conclusion

- To the best of our knowledge, this is the first RCT about comparison of MIPD vs. standard dosing in PICU for antimicrobials.
- As the sample size and frequency of TDM increase, the feedforward and predictive power of the models will also increase.
- Therefore, there is a need to evaluate different populations in different countries, hospitals and PICUs in terms of covariates such as genetics, age groups and dosage guidelines.

# THANK YOU FOR LISTENING

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